

Apron Community Farm initial (meanwhile) planning application Community impact statement

By utilising the top two paddocks while the wider site plans are developed, this proposal enables community engagement and wellbeing opportunities through facilitating small-scale food growing space and the use of a temporary, mobile, community sauna.

The areas of the site used in the proposal are safe and accessible, allowing for inclusive community engagement to support development of community partnerships, further co-creation of the project with residents, and community food growing to begin.

The community sauna will support honourable income generation for the project and enable subsidised nature-based wellbeing opportunities for local residents.

As an environmental community project the activities will support the local community and environment. Building on the recent successful planting of over 400 hedgerow saplings this proposal will enable the following activities to take place:

Small group building of raised beds (Men in Sheds, AVA, Lancing Community Gardeners)
Small group participation of seed sowing and planting (above + Seaside Primary School, ESY)
Biodiversity and ecological skills sharing including nature surveys, wildflower planting,
Small group wellbeing activities, including community sauna, mindfulness, meditation, yoga
such as those carried out at: <https://www.lovebrook.org/wellbeing>

