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Mount Hermon Care Home
Lancing

Noise Impact Assessment Report
Report 20699.NIA.01 Rev A

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SUMMARY

KP Acoustics Ltd has been commissioned to assess the suitability of the site at Mount Hermon Rest Home, 85-87 Brighton Road, Lancing, BN15 8RB for a residential development in accordance with the provisions of the National Planning Policy Framework and the Noise Policy Statement for England (NPSE).

An environmental noise survey has been undertaken on site in order to establish the current ambient noise levels, as shown in Table 3.1.

Sound reduction performance calculations have been undertaken in order to specify the minimum performance required from glazed elements in order to meet the requirements of BS8233:2014, taking into consideration the non-glazed external building fabric elements. The results of these calculations and the sound reduction performance requirements for the glazed elements are shown in Table 5.2.

The noise implications of the ventilation strategy have been considered, with options being provided to ensure that the ventilation requirements of Approved Document F are achieved.

Further advice can be provided with regards to the overheating strategy to assess the noise implications once thermal modelling calculations have been undertaken.

Noise levels within external amenity areas would be expected to meet the guideline levels provided within BS8233:2014.

No further mitigation measures should be required in order to protect the proposed habitable spaces from external noise intrusion.

1.0 INTRODUCTION

KP Acoustics Ltd has been commissioned by Vesta Care Homes Ltd, Heston Court Business Centre, Camp Road, London, SW19 4UW, to assess the suitability of the site at Mount Hermon Rest Home, 85-87 Brighton Road, Lancing, BN15 8RB for a residential care home development in accordance with the provisions of the National Planning Policy Framework and the Noise Policy Statement for England (NPSE).

The original issue of this report was previously submitted without the support of a noise survey on site due to repercussions of the Covid-19 outbreak. This revision to the report presents the results of an environmental noise survey undertaken in order to measure prevailing background noise levels following easing of the restrictions. It outlines any necessary mitigation measures.

2.0 SITE SURVEYS

2.1 Site Description

The site is bounded by Brighton Road to the south, and residential dwellings and establishments to the north, east and west. The proposed site plan is shown in Figure 2.1 below.

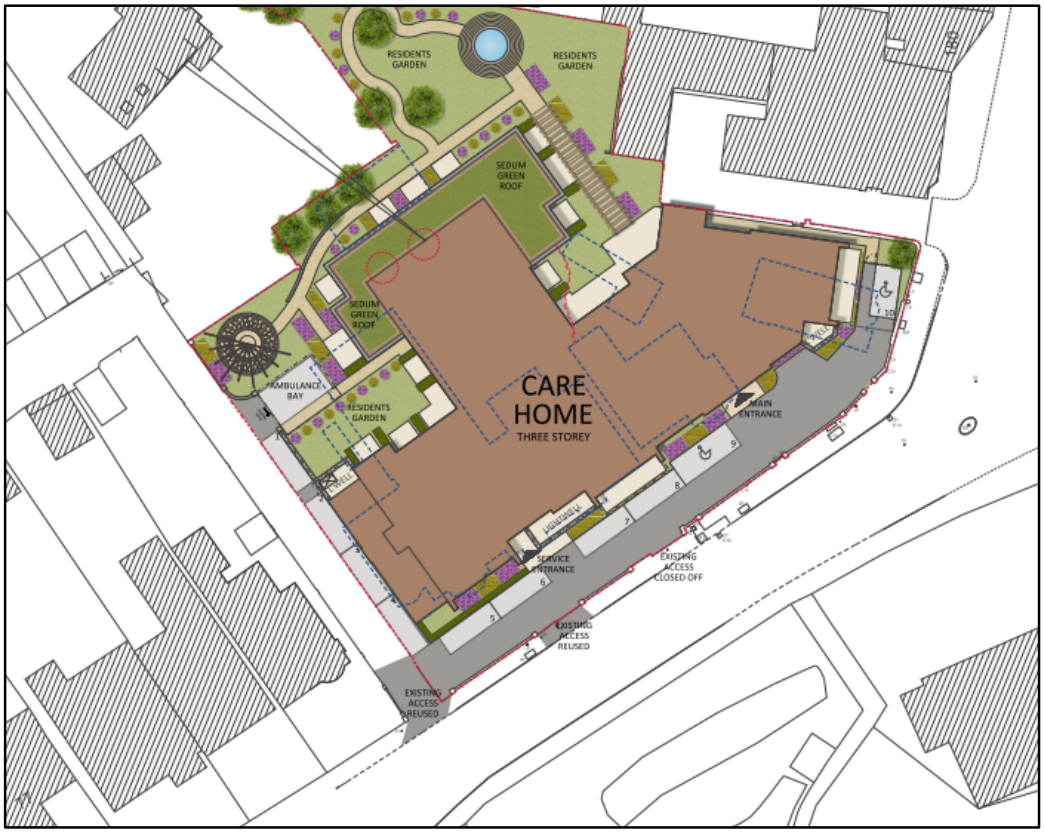

Figure 2.1 Site location (Image Reference: Carless + Adams)

Following the site visit, the background noise climate was found to be dominated by road traffic noise from Brighton Road.

2.2 Environmental Noise Survey Procedure

A noise survey was undertaken on the proposed site as shown in Figure 2.1. The location was chosen in order to collect data representative of the worst-case levels expected on the site due to all nearby sources.

Continuous automated monitoring was undertaken for the duration of the survey between 13:26 on 06/11/2020 and 13:26 on 09/11/2020.

Weather conditions were generally dry with light winds and therefore suitable for the measurement of environmental noise. The measurement procedure complied with ISO 1996-2:2017 Acoustics '*Description, measurement and assessment of environmental noise - Part 2: Determination of environmental noise levels*'.

2.3 Measurement Positions

Measurement positions are as described within Table 2.1 and shown within Figure 2.1.

Icon	Descriptor	Location Description
	Noise Measurement Position 1	The meter was installed on a window on the 1st floor of the south façade, as shown in Figure 2.1. A correction of 3dB has been applied to account for non-free field conditions
	Noise Measurement Position 2	The meter was installed on a window on the 1st floor of the north-west façade, as shown in Figure 2.1. A correction of 3dB has been applied to account for non-free field conditions
	Noise Measurement Position 3	The meter was installed on a window on the ground floor of the north-east façade, as shown in Figure 2.1. A correction of 3dB has been applied to account for non-free field conditions

Table 2.1 Measurement positions and descriptions

The equipment calibration was verified before and after use and no abnormalities were observed. The equipment used is described within Table 2.2.



Figure 2.1 Site measurement positions (Image Source: Google Maps)

2.4 Equipment

The equipment calibration was verified before and after use and no abnormalities were observed. The equipment used is described within Table 2.2.

Measurement instrumentation		Serial no.	Date	Cert no.
Noise Kit 8	Svantek Type 958A Class 1 Sound Level Meter	59559	26/09/2019	14012947
	MTG MK250 Free-field microphone	10904		
	Preamp Svantek SV12L	33619		
	Svantek External windshield	-	-	-
Noise & Vibration Kit 1	Svantek Type 958A Class 1 Sound Level Meter	45579	03/09/2020	14012949-02
	Free-field microphone MTG MK255	11697		
	Preamp Svantek 2v12L	41535		
	Svantek External windshield	-	-	-
Noise & Vibration Kit 3	Svantek Type 958 Class 1 Sound Level Meter	59558	04/10/2019	14012955
	Free-field microphone PCB 377B02	159386		
	Preamp Svantek 2v12L	72191		
	Svantek External windshield	-	-	-
Larson Davis CAL200 Class 1 Calibrator		8932	11/02/2020	04624/2

Table 2.2 Measurement instrumentation

3.0 RESULTS

3.1 Noise Survey

The $L_{Aeq:\ 5min}$, $L_{Amax:\ 5min}$, $L_{A10:\ 5min}$ and $L_{A90:\ 5min}$ acoustic parameters were measured throughout the duration of the survey. Measured levels are shown as time histories in Figures 20699.TH1-3 for noise monitoring positions 1-3 respectively.

Measured noise levels are representative of noise exposure levels expected to be experienced by all facades of the proposed development, and are shown in Table 3.1.

Time Period	Noise Measurement Position 1 (Measured Noise level – dBA)	Noise Measurement Position 2 (Measured Noise level – dBA)	Noise Measurement Position 3 (Measured Noise level – dBA)
Daytime $L_{Aeq,16hour}$	68	53	49
Night-time $L_{Aeq,8hour}$	60	39	42

Table 3.1 Site average noise levels for daytime and night time

4.0 NOISE ASSESSMENT GUIDANCE

4.1 Noise Policy Statement For England 2019

The National Planning Policy Framework (NPPF) has superseded and replaces Planning Policy Guidance Note 24 (PPG24), which previously covered issues relating to noise and planning in England. Paragraph 170 of the NPPF states that planning policies and decisions should aim to:

- preventing new and existing development from contributing to, being put at unacceptable risk from, or being adversely affected by, unacceptable levels of soil, air, water or noise pollution or land instability. Development should, wherever possible, help to improve local environmental conditions such as air and water quality, taking into account relevant information such as river basin management plans

In addition, Paragraph 180 of the NPPF states that '*Planning policies and decisions should also ensure that new development is appropriate for its location taking into account the likely effects (including cumulative effects) of pollution on health, living conditions and the natural environment, as well as the potential sensitivity of the site or the wider area to impacts that could arise from the development. In doing so they should':*

- Mitigate and reduce to a minimum potential adverse impacts resulting from noise from new development – and avoid noise giving rise to significant adverse impacts on health and the quality of life
- Identify and protect tranquil areas which have remained relatively undisturbed by noise and are prized for their recreational and amenity value for this reason

The Noise Policy Statement for England (NPSE) was developed by DEFRA and published in March 2010 with the aim to 'Promote good health and good quality of life through the effective management of noise within the context of Government policy on sustainable development.'

Noise Policy Statement England (NPSE) noise policy aims are as follows:

Through the effective management and control of environmental, neighbour and neighbourhood noise within the context of Government policy on sustainable development.

- *Avoid significant adverse impacts on health and quality of life;*
- *Mitigate and minimise adverse impacts on health and quality of life; and*
- *Where possible, contribute to the improvement of health and quality of life*

The Noise Policy Statement England (NPSE) outlines observed effect levels relating to the above, as follows:

- NOEL – No Observed Effect Level
    - This is the level below which no effect can be detected. In simple terms, below this level, there is no detectable effect on health and quality of life due to the noise.
- LOAEL – Lowest Observed Adverse Effect Level
    - This is the level above which adverse effects on health and quality of life can be detected.
- SOAEL – Significant Observed Adverse Effect Level
    - This is the level above which significant adverse effects on health and quality of life occur.

As stated in The Noise Policy Statement England (NPSE), it is not currently possible to have a single objective based measure that defines SOAEL that is applicable to all sources of noise in

all situations. Specific noise levels are not stated within the guidance for this reason, and allow flexibility in the policy until further guidance is available.

4.2 ProPG: Planning and Noise

As outlined above, the National Planning Policy Framework encourages improved standards of design, although it provides no specific noise levels which should be achieved on site for varying standards of acoustic acceptability, or a prescriptive method for the assessment of noise.

ProPG: Planning and Noise was published in May 2017 in order to encourage better acoustic design for new residential schemes in order to protect future residents from the harmful effects of noise. This guidance can be seen as the missing link between the current NPPF and its predecessor, PPG24 (Planning Policy Guidance 24: Planning and Noise), which provided a prescriptive method for assessing sites for residential development, but without the nuance of 'good acoustic design' as outlined in ProPG.

ProPG allows the assessor to take a holistic approach to consider the site's suitability, taking into consideration numerous design factors which previously may not have been considered alongside the noise level measured on site, for example the orientation of the building in relation to the main source of noise incident upon it.

It should be noted this document is not an official government code of practice, and neither replaces nor provides an authoritative interpretation of the law or government policy, and therefore should be seen as a good practice document only.

4.3 BS8233:2014

BS8233:2014 *'Sound insulation and noise reduction for buildings'* describes recommended internal noise levels for residential spaces. These levels are shown in Table 4.1.

Activity	Location	07:00 to 23:00	23:00 to 07:00
Resting	Living Rooms	35 dB(A)	-
Dining	Dining Room/area	40 dB(A)	-
Sleeping (daytime resting)	Bedrooms	35 dB(A)	30 dB(A)

Table 4.1 BS8233 recommended internal background noise levels

It should be noted that the recommended internal noise levels outlined above are not applicable under "purge ventilation" conditions as defined by Approved Document F of the Building Regulations, as this should only occur occasionally (E.G. to remove odour from

painting or burnt food). However, the levels above should be achieved whilst providing sufficient background ventilation, either via passive or mechanical methods.

The external building fabric would need to be carefully designed to achieve these recommended internal levels.

In addition to guidance on internal levels, BS8233:2014 also states the following with regards to noise within external amenity spaces:

'For traditional external areas that are used for amenity space, such as gardens and patios, it is desirable that the external noise level does not exceed 50 dB $L_{Aeq,T}$, with an upper guideline value of 55 dB $L_{Aeq,T}$, which would be acceptable in noisier environments. However, it is also recognized that these guideline values are not achievable in all circumstances where development might be desirable. In higher noise areas, such as city centres or urban areas adjoining the strategic transport network, a compromise between elevated noise levels and other factors, such as the convenience of living in these locations or making efficient use of land resources to ensure development needs can be met, might be warranted. In such a situation, development should be designed to achieve the lowest practicable levels in these external amenity spaces, but should not be prohibited.'

As outlined above, the resulting noise levels in external amenity areas should not be a reason for refusal, providing that the noise levels are designed to be as low as practically possible within external amenity areas.

4.4 WHO Guidelines for Community Noise (1999)

WHO Guidelines for Community Noise (1999) recommends that internal noise levels for individual events should not exceed 45dB L_{Amax} more than 10-15 times per night.

It should be noted that this impact is increasingly being regarded as 'LOAEL' for this number of exceedances, as described in Section 4.1.

The external building fabric would need to be carefully designed to ensure that compliance with the above guidance is achieved.

5.0 EXTERNAL BUILDING FABRIC SPECIFICATION

Sound reduction performance calculations have been undertaken in order to specify the minimum performance required from glazed and non-glazed elements in order to achieve the recommended internal noise levels shown in Table 4.1, taking into account average and maximum noise levels monitored during the environmental noise survey.

As a more robust assessment, L_{Amax} spectrum values of night-time peaks have also been considered and incorporated into the glazing calculation in order to cater for the interior limit of 45 dB L_{Amax} for individual events, as recommended in WHO Guidelines.

Please note that the glazed and non-glazed element calculations would need to be finalised once all design proposals are finalised.

5.1 Non-Glazed Elements

At this project stage, the exact construction of the non-glazed external building fabric is unknown, however, it is understood that it would be based upon the construction proposed in Table 5.1 and would be expected to provide the minimum figures shown above when tested in accordance with BS EN ISO, 140-3:1995.

Element	Octave band centre frequency SRI, dB					
	125Hz	250Hz	500Hz	1kHz	2kHz	4kHz
Masonry Cavity Wall	41	43	48	50	55	55

Table 5.1 Assumed sound reduction performance for non-glazed elements

5.2 Glazed Elements

Minimum octave band sound reduction index (SRI) values required for all glazed elements to be installed are shown in Table 5.2. The performance is specified for the whole window unit, including the frame and other design features such as the inclusion of trickle vents. Sole glass performance data would not demonstrate compliance with this specification.

For the glazing assessment, the facades are divided by the level of noise exposure to which they are exposed. The façade divisions are illustrated in Figure 5.1.

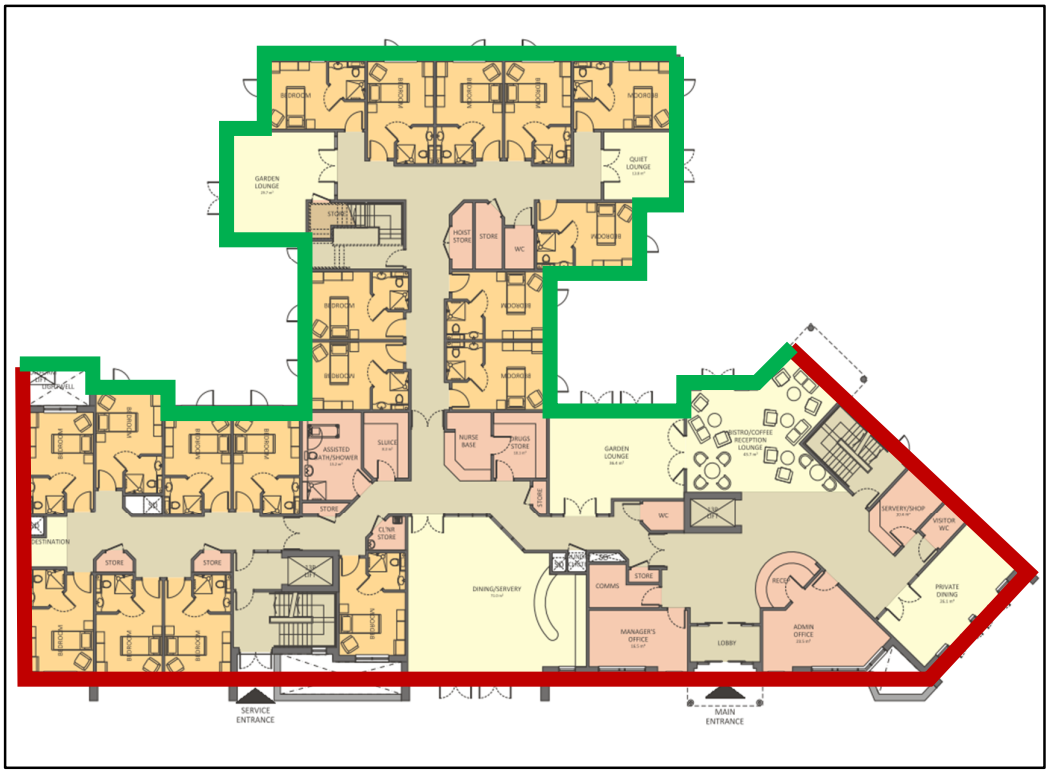

Figure 5.1 Façade divisions for glazing specification

Glazing performance calculations have been based both on average measured night-time noise levels as well as verified against the L_{Amax} spectrum of individual events in order to comply with a maximum internal noise level of 45dB(A) in bedrooms as recommended by World Health Organisation Guidelines. The combined most robust results of these calculations are shown in Table 5.2.

Elevation	Octave band centre frequency SRI, dB						R_w ($C;C_{tr}$), dB
	125Hz	250Hz	500Hz	1kHz	2kHz	4kHz	
South Elevations in Line of Sight to Brighton Road	29	40	45	47	54	68	47 (-1;-6)
North (Rear) Elevations	24	20	25	34	37	35	31 (-2;-4)

Table 5.2 Required glazing performance

The nominated glazing supplier should verify that their proposed window system meets the attenuation figures shown at each centre frequency band as shown in Table 5.2.

Example glazing types that would be expected achieve the above spectral values are shown in Table 5.3.

Elevation	Example glazing type
Elevations in Line of Sight to Brighton Road	16.8/16/16.8 laminated double glazing
North Elevations	4/12/4 double glazing

Table 5.3 Example glazing types

All major building elements should be tested in accordance with BS EN ISO 140-3:1995.

Independent testing at a UKAS accredited laboratory will be required in order to confirm the performance of the chosen system for an 'actual' configuration.

6.0 VENTILATION STRATEGY

Based on the noise levels measured on site, appropriate ventilation systems are outlined in Table 6.1 and 6.2 below in order to ensure the internal noise environment is not compromised.

Ventilation System	Whole Dwelling Ventilation	Extract Ventilation
ADF System 1	Trickle vents providing a minimum performance of 40dB $D_{,n,e,w}$	Intermittent extract fans
ADF System 3	Continuous mechanical extract (low rate) and trickle vents for supply providing a minimum performance of 40dB $D_{,n,e,w}$	Continuous mechanical extract (high rate) with trickle vents providing inlet air
ADF System 4	Continuous mechanical supply and extract (low rate)	Continuous mechanical supply and extract (high rate)

Table 6.1 Ventilation systems (south elevations)

Ventilation System	Whole Dwelling Ventilation	Extract Ventilation
ADF System 1	Trickle vents providing a minimum performance of 23dB $D_{,n,e,w}$	Intermittent extract fans
ADF System 3	Continuous mechanical extract (low rate) and trickle vents for supply providing a minimum performance of 23dB $D_{,n,e,w}$	Continuous mechanical extract (high rate) with trickle vents providing inlet air
ADF System 4	Continuous mechanical supply and extract (low rate)	Continuous mechanical supply and extract (high rate)

Table 6.2 Ventilation systems (north elevations)

In the case of mechanical ventilation, systems should be designed to meet the internal noise levels as defined in CIBSE Guide A (2015), as shown in Table 6.2.

Room Type	L_{Aeq}, dB	NR
Bedrooms	30	25
Living Rooms	35	30
Kitchen	45-50	40-45

Table 6.2 CIBSE Guide A 2015 guidance levels for mechanical building services

In all cases, purge ventilation would be provided by openable windows. As outlined in Section 4.3, the internal noise level requirement would not be applicable during purge conditions as this would only occur occasionally.

7.0 EXTERNAL AMENITY AREA ASSESSMENT

Gardens are proposed at the rear of the site. The ambient noise levels at the rear of the site are below the upper guideline levels for external areas given by BS8233:2014. The existing boundary fence should be retained or replaced with an imperforate, close-slatted fence of equal or taller height than the existing fence to ensure continued acceptable acoustic conditions at the rear gardens. Raising the boundary fence to 2.3 metres in height would provide an additional acoustic benefit to the residents, if desired.

8.0 CONCLUSION

An environmental noise survey has been undertaken at Mount Hermon Rest Home, 85-87 Brighton Road, Lancing, BN15 8RB allowing the assessment of daytime and night-time levels likely to be experienced by the proposed development.

Measured noise levels allowed a robust glazing specification to be proposed which would provide internal noise levels for all residential environments of the development commensurate to the design range of BS8233.

No further mitigation measures should be required in order to protect the proposed habitable spaces from external noise intrusion.

Mount Hermon Rest Home, Lancing
Environmental Noise Time History
From 06 November 2020 To 08 November 2020

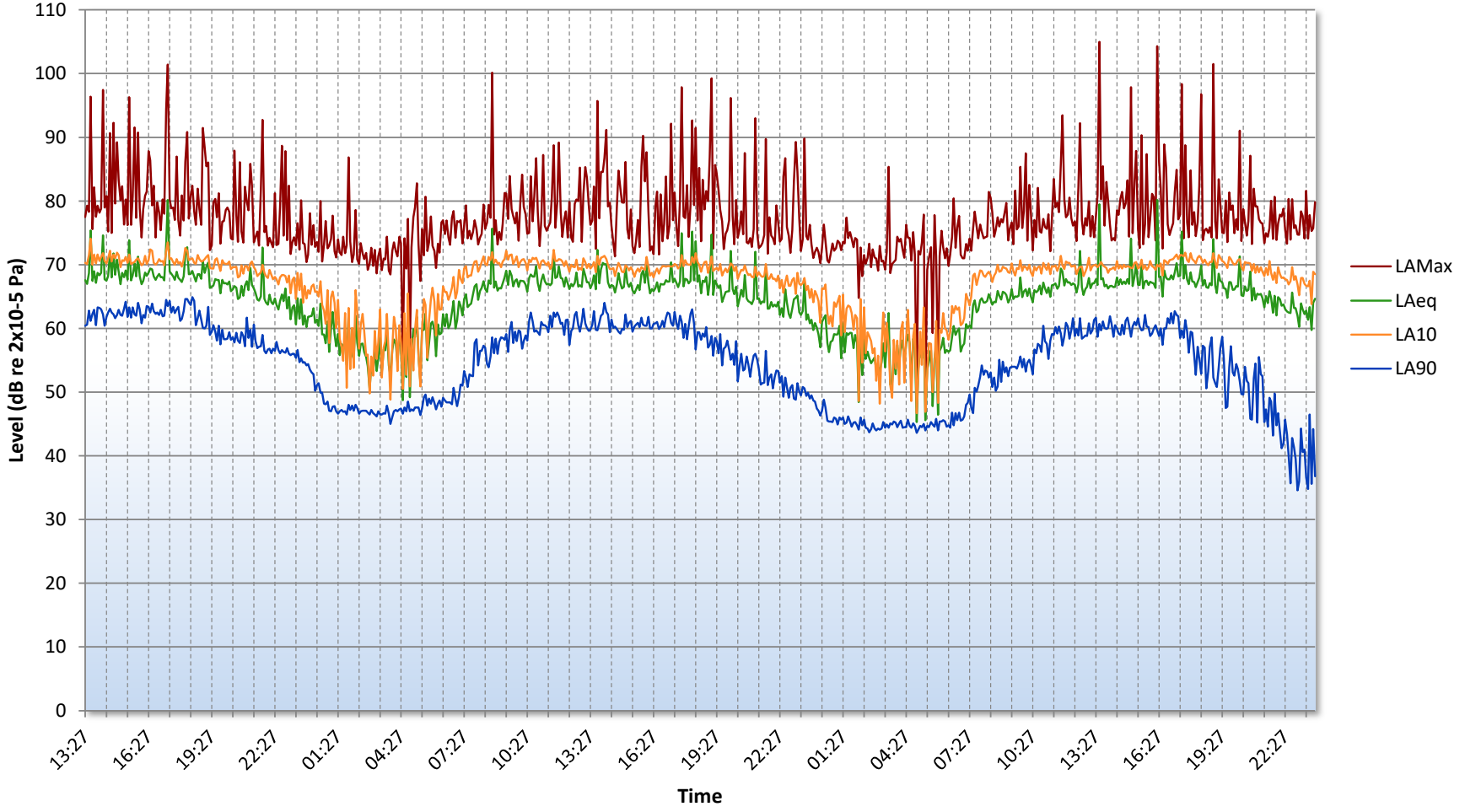

Figure 20699.TH1

Mount Hermon Rest Home, Lancing
Environmental Noise Time History
From 06 November 2020 To 09 November 2020

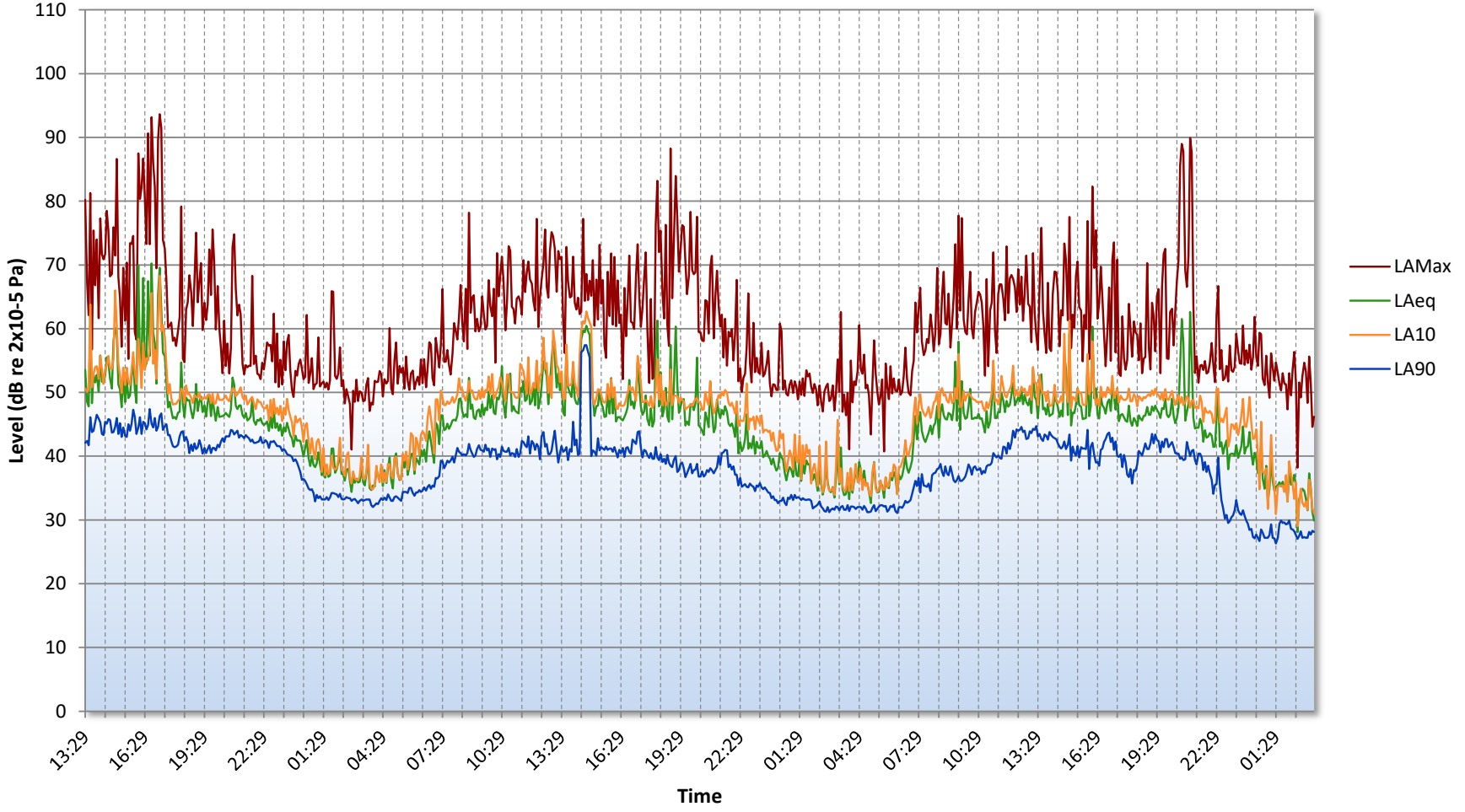

Figure 20699.TH2

Mount Hermon Rest Home, Lancing
Environmental Noise Time History
From 06 November 2020 To 09 November 2020

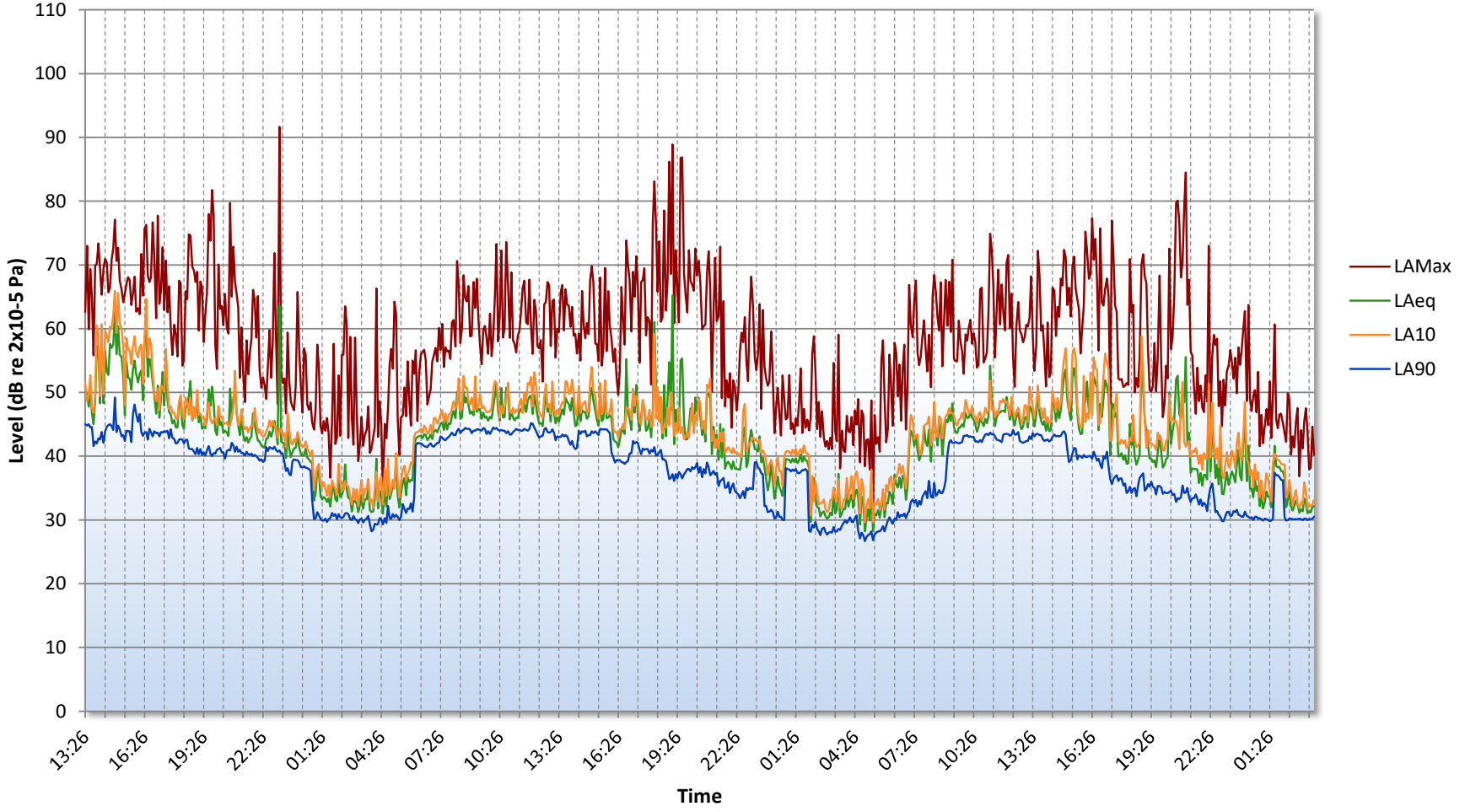

Figure 20699.TH3

APPENDIX A

GENERAL ACOUSTIC TERMINOLOGY

Decibel scale - dB

In practice, when sound intensity or sound pressure is measured, a logarithmic scale is used in which the unit is the 'decibel', dB. This is derived from the human auditory system, where the dynamic range of human hearing is so large, in the order of 10^{13} units, that only a logarithmic scale is the sensible solution for displaying such a range.

Decibel scale, 'A' weighted - dB(A)

The human ear is less sensitive at frequency extremes, below 125Hz and above 16Khz. A sound level meter models the ears variable sensitivity to sound at different frequencies. This is achieved by building a filter into the Sound Level Meter with a similar frequency response to that of the ear, an A-weighted filter where the unit is dB(A).

L_{eq}

The sound from noise sources often fluctuates widely during a given period of time. An average value can be measured, the equivalent sound pressure level L_{eq}. The L_{eq} is the equivalent sound level which would deliver the same sound energy as the actual fluctuating sound measured in the same time period.

L_{10}

This is the level exceeded for no more than 10% of the time. This parameter is often used as a "not to exceed" criterion for noise.

L_{90}

This is the level exceeded for no more than 90% of the time. This parameter is often used as a descriptor of "background noise" for environmental impact studies.

L_{max}

This is the maximum sound pressure level that has been measured over a period.

Octave Bands

In order to completely determine the composition of a sound it is necessary to determine the sound level at each frequency individually. Usually, values are stated in octave bands. The audible frequency region is divided into 11 such octave bands whose centre frequencies are defined in accordance with international standards. These centre frequencies are: 16, 31.5, 63, 125, 250, 500, 1000, 2000, 4000, 8000 and 16000 Hertz.

Environmental noise terms are defined in BS7445, *Description and Measurement of Environmental Noise*.

APPENDIX A

APPLIED ACOUSTIC TERMINOLOGY

Addition of noise from several sources

Noise from different sound sources combines to produce a sound level higher than that from any individual source. Two equally intense sound sources operating together produce a sound level which is 3dB higher than a single source and 4 sources produce a 6dB higher sound level.

Attenuation by distance

Sound which propagates from a point source in free air attenuates by 6dB for each doubling of distance from the noise source. Sound energy from line sources (e.g. stream of cars) drops off by 3dB for each doubling of distance.

Subjective impression of noise

Hearing perception is highly individualised. Sensitivity to noise also depends on frequency content, time of occurrence, duration of sound and psychological factors such as emotion and expectations. The following table is a guide to explain increases or decreases in sound levels for many scenarios.

Change in sound level (dB)	Change in perceived loudness
1	Imperceptible
3	Just barely perceptible
6	Clearly noticeable
10	About twice as loud

Transmission path(s)

The transmission path is the path the sound takes from the source to the receiver. Where multiple paths exist in parallel, the reduction in each path should be calculated and summed at the receiving point. Outdoor barriers can block transmission paths, for example traffic noise. The effectiveness of barriers is dependent on factors such as its distance from the noise source and the receiver, its height and construction.

Ground-borne vibration

In addition to airborne noise levels caused by transportation, construction, and industrial sources there is also the generation of ground-borne vibration to consider. This can lead to structure-borne noise, perceptible vibration, or in rare cases, building damage.

Sound insulation - Absorption within porous materials

Upon encountering a porous material, sound energy is absorbed. Porous materials which are intended to absorb sound are known as absorbents, and usually absorb 50 to 90% of the energy and are frequency dependent. Some are designed to absorb low frequencies, some for high frequencies and more exotic designs being able to absorb very wide ranges of frequencies. The energy is converted into both mechanical movement and heat within the material; both the stiffness and mass of panels affect the sound insulation performance.