

TRAVEL INFORMATION BROCHURE

NEW MONKS FARM, LANCING

Your guide to getting around Lancing. In this brochure you will find information relating to sustainable transport such as walking, cycling, public transport and car sharing.

WELCOME

Welcome to your new home!

To help you settle in, this booklet provides information to help you to travel with greater ease and to reduce your dependence on driving a private car. This includes information on how to get around using public transport and other environmentally friendly methods of travel.

Your home is located adjacent to the residential area of Lancing and provides a great opportunity to travel by non-car modes, so why not see what is available?

This booklet is one of many measures included in a Travel Plan produced for New Monks Farm and has been agreed with Adur Council.

A Travel Plan is a document which sets out the strategies which aim to encourage you to use alternatives to the private car and to increase your awareness of the advantages and potential for travel by more environmentally friendly modes.

WHAT'S INCLUDED...

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p 5	Local Walking Environment
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p 9	Public Transport - Bus
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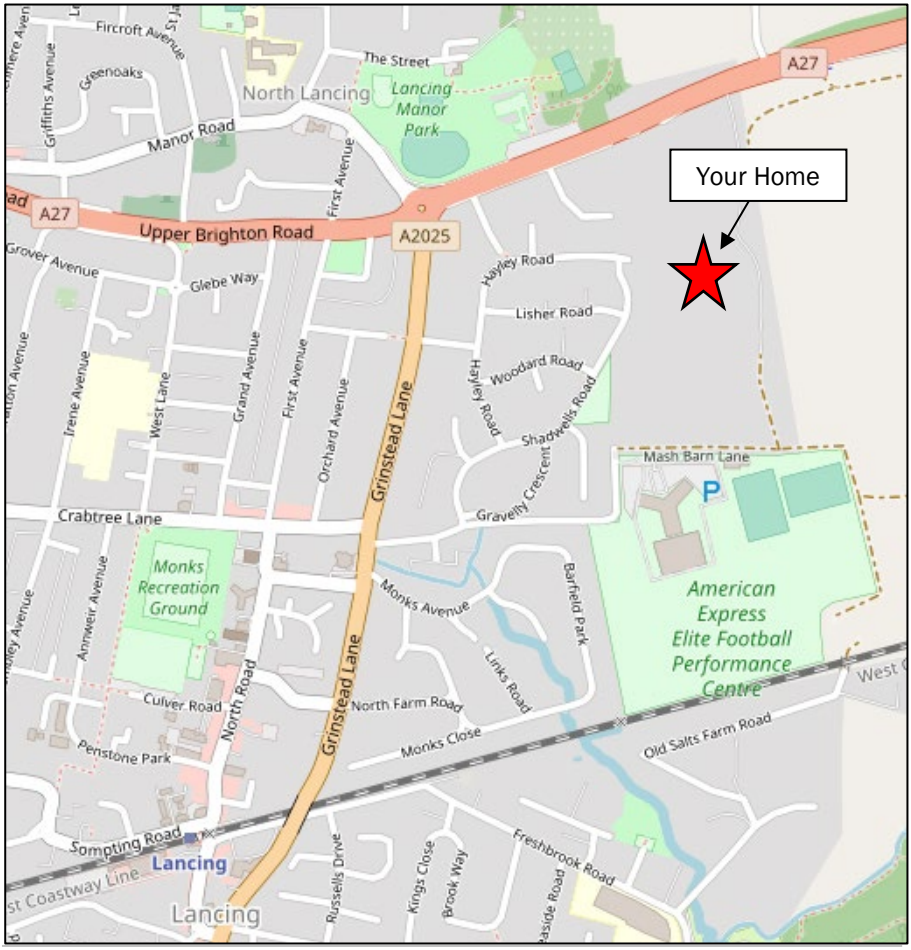
NEW MONKS FARM

Your new home is located to the east of the built-up area of Lancing. Access to your home in the first instance is provided from Grinstead Lane via Hayley Road and the existing residential network around the Mash Barn estate. Pedestrian and cycle connections will be provided from your home to the existing amenities and services located within Lancing.

The map below shows the location of your home in relation to Lancing town centre. The table on the opposite page provides a list of several local services and amenities. It shows their approximate distance and a route to them from your home.



Facility	Location	Approx. Distance/Time	Route
GP Surgery	Old Shoreham Road	800 metres / 10 mins	via Shadswell Road and Manor Way
Leisure Centre	Lancing Manor	850 metres / 11 mins	via Shadswell Road, Manor Way and controlled crossing at the A27
Open Green Space / Playground	Manor Road	900 metres / 12 mins	via Shadswell Road, Manor Way and controlled crossing at the A27
Public House	Grinstead Lane	1,200 metres / 15 mins	via Shadswell Road and controlled crossing at Grinstead Lane
Primary School	Mill Road	1,400 metres / 18 mins	via Shadswell Road, Manor Way, controlled crossing at the A27 and Manor Road
Employment Site	Old Shoreham Road	1,500 metres / 19 mins	Via A27 and Old Shoreham Road
Convenience Store	North Road	1,750 metres / 22 mins	via Shadswell Road, controlled crossing at Grinstead Lane and Grinstead Avenue
Newsagents			
Bank			
Post Office			
Pharmacy			
Health Centre	Penstone Park	1,850 metres / 24 mins	via Shadswell Road, controlled crossing at Grinstead Lane, Grinstead Avenue and North Road
Library			
Food Superstore	South Street	2,000 metres / 26 mins	via Shadswell Road, controlled crossing at Grinstead Lane, Grinstead Avenue and North Road

WALKING

Walking is a low impact activity which doesn't require any specialist equipment. It is also one of the easiest ways to get more active and become healthier. An analysis of the pedestrian routes in the area has been completed to identify areas situated within a 1km and 2km catchment of your home... only a 12 minutes and 25 minutes walk from your home respectively.

The 1km catchment encompasses the residential community within Lancing which also incorporates several local amenities, education and leisure opportunities, as well as open green space. The 2km catchment includes additional services within Lancing, including employment opportunities.

A plan showing the amenities within a 1 kilometre walking distance from New Monks Farm is included on the following page. A larger walking map can be provided on request by your Travel Plan Coordinator.

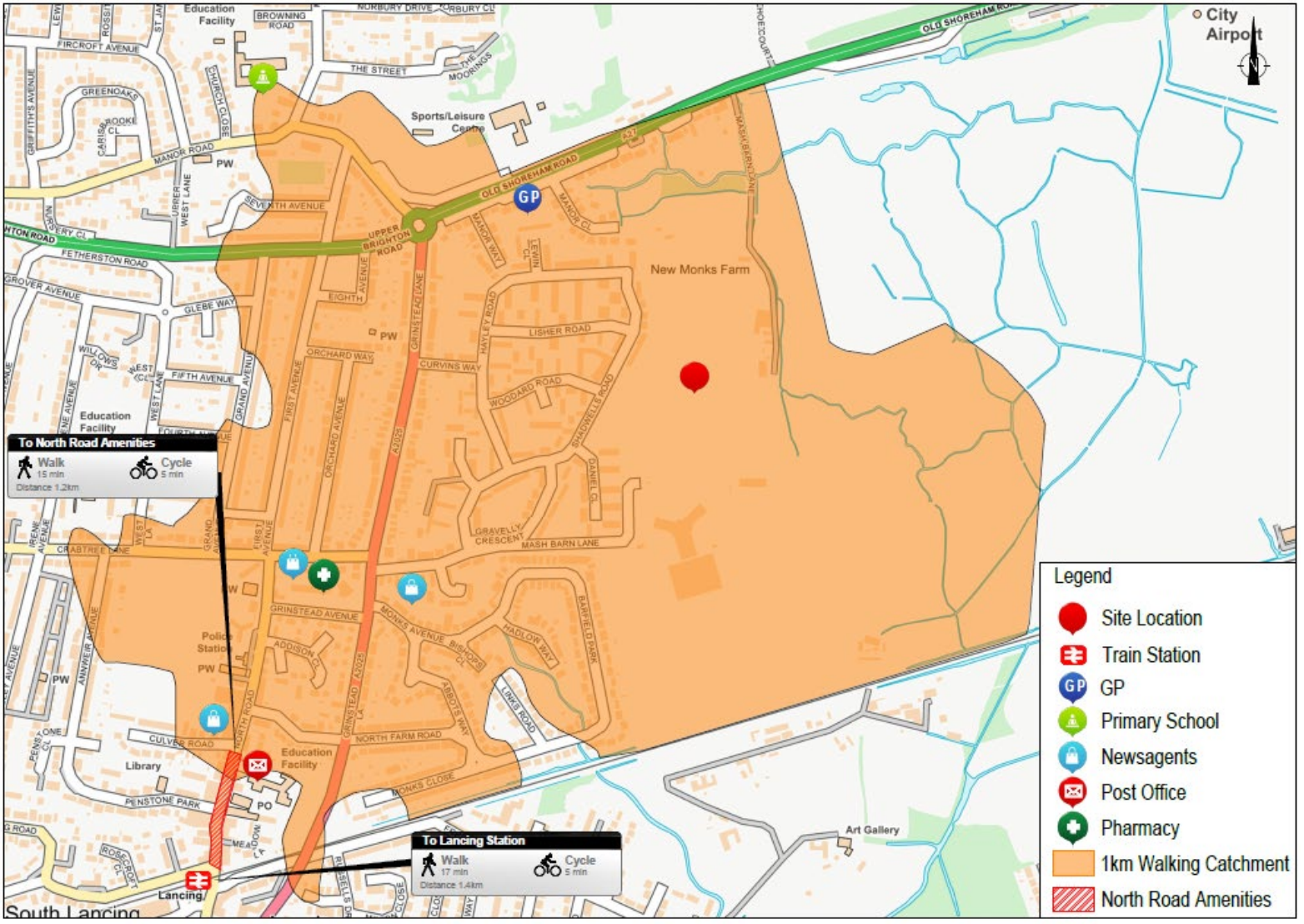
Mash Barn Lane, Hayley Road and Curvins Way will provide access from Grinstead Lane to your home. There are footways provided along both sides of the roads within the local area. For your safety, street lighting is provided at regular intervals. The footways in the vicinity of your home provide a continuous connection to local shops, services and amenities in Lancing, as well as public transport.

There is a controlled pedestrian crossing provided on Grinstead Lane near Marsh Barn Lane which will allow you to cross the road safely and provides connections to the residential areas and local shops located to the west of Grinstead Lane.

For further information, the following websites are useful;

- www.walkingforhealth.org.uk/
- www.adur-worthing.gov.uk/sport-and-leisure/play-a-sport/walking/
- www.westsussex.gov.uk/leisure-recreation-and-community/walking-horse-riding-and-cycling/




City Airport
New Monks Farm
Sports/Leisure Centre
Education Facility
Police Station
Library
Education Facility
Art Gallery
Lancing
South Lancing
To North Road Amenities
Walk
15 min
Distance 1.2km
Cycle
5 min
To Lancing Station
Walk
17 min
Distance 1.4km
Cycle
5 min
Legend
Site Location
Train Station
GP
Primary School
Newsagents
Post Office
Pharmacy
1km Walking Catchment
North Road Amenities

CYCLING

Cycling to is a great way to get regular exercise, with the added benefit of a guaranteed arrival time, cycling can be a healthy and safe way to travel, quicker than walking and cheaper than driving a car. There is space to park a bicycle within the boundary of your home where you can store your cycle safely and securely.

A review of an indicative 5 kilometres cycle catchment around your home has been considered which equates to a 25-minute cycle time. The 5 kilometres catchment encompasses the urban area of Lancing and extends to the fringes of Worthing and Shoreham. A map showing the local cycle environment is provided on the following page. A larger cycle map can be provided on request from the Travel Plan Coordinator.

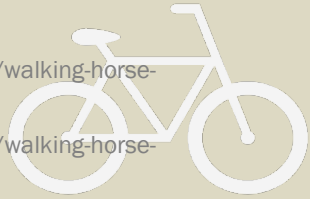
There is a shared foot-cycle path provided along the A27 which provides a tarmac surface, dropped kerbs and signage to identify the shared nature of the route. Connections can be made with the local residential network where cycling is accommodated on the road with low speed limits.

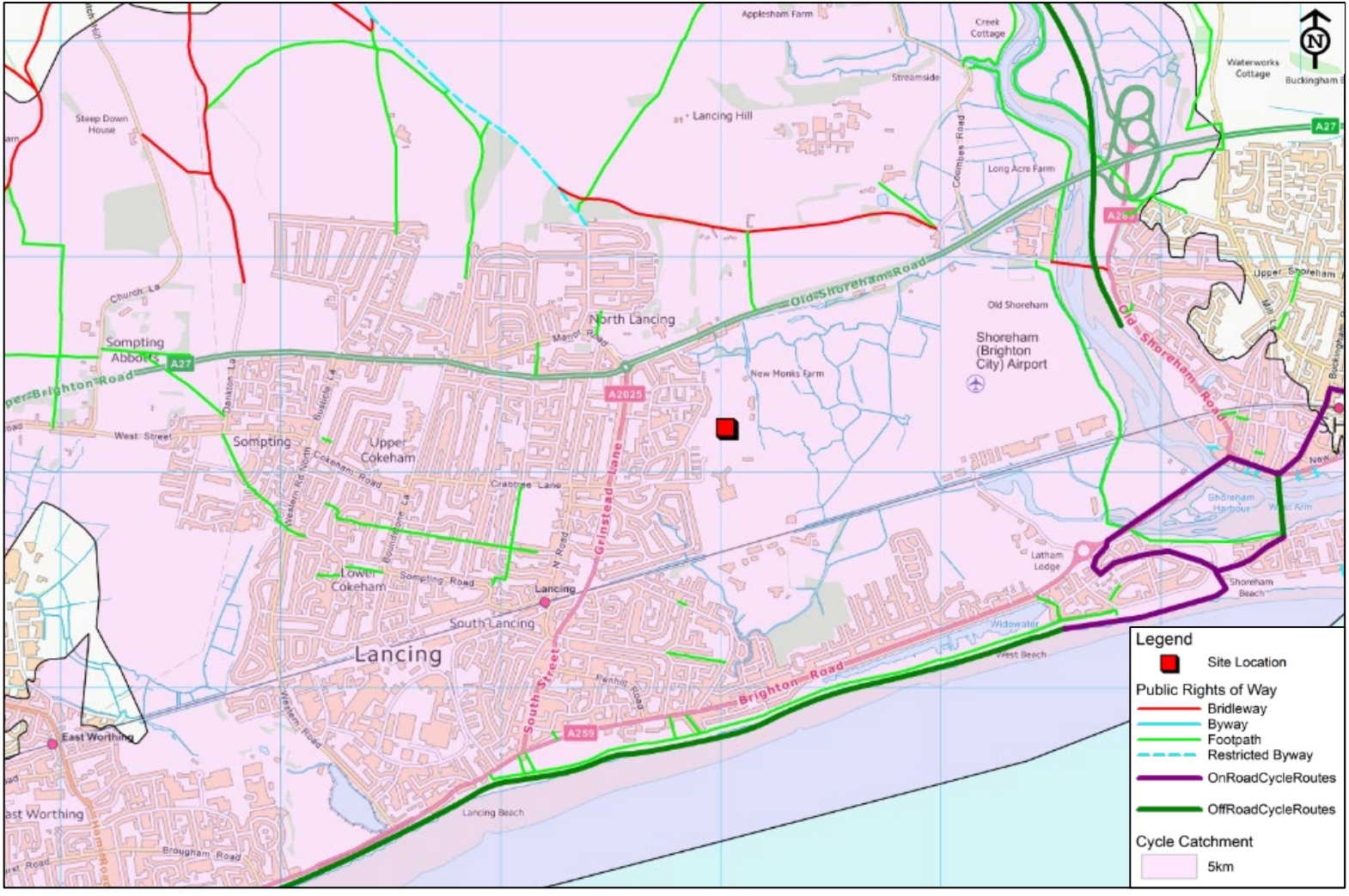
Your closest cycle store is located to the east of the site in Shoreham-by-the-Sea approximately 6 kilometres from the site.

The South Coast Cycle Route Leaflet produced by Adur and Worthing Councils is provided within your information pack. This leaflet provides maps showing the cycle connections available between Worthing and Southwick. This route continues along the southern side of Lancing.

For more information on cycling the following website may be of help; use

- www.sustrans.org.uk/ncn/map
- www.adur-worthing.gov.uk/streets-and-travel/cycling/
- www.westsussex.gov.uk/leisure-recreation-and-community/walking-horse-riding-and-cycling/
- www.westsussex.gov.uk/leisure-recreation-and-community/walking-horse-riding-and-cycling/cycle-journey-planner/



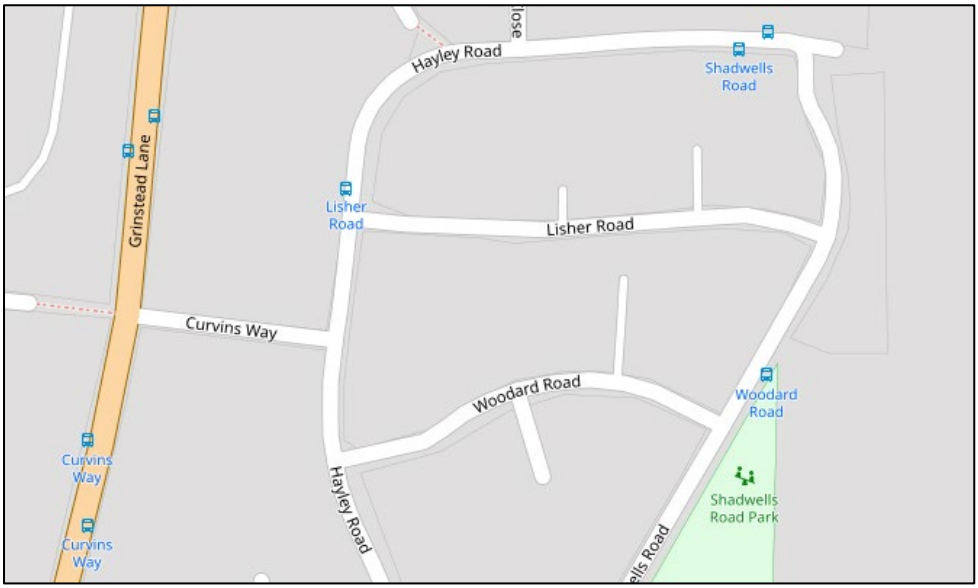

Applesham Farm
Creek Cottage
Waterworks Cottage
Streamside
Steep Down House
Lancing Hill
Coombes Road
Long Acre Farm
A27
Church La
Old Shoreham Road
North Lancing
Manor Road
Old Shoreham
Shoreham (Brighton City) Airport
Sompting Abbotts
A27
Upper Brighton Road
New Monks Farm
A2025
Old Shoreham Road
West Street
Sompting
Upper Cokeham
Cokeham Road
Crabtree Lane
Grinstead Lane
Shoreham Harbour
Latham Lodge
Lower Cokeham
Sompting Road
Lancing
South Lancing
Shoreham Beach
Widewater
West Beach
Lancing
South Street
Brighton Road
A259
East Worthing
Lancing Beach
Brougham Road
Legend
Site Location
Public Rights of Way
Bridleway
Byway
Footpath
Restricted Byway
OnRoadCycleRoutes
OffRoadCycleRoutes
Cycle Catchment
5km

PUBLIC TRANSPORT – BUS

The nearest bus stops are located on Shadwells Road within 400 metres of the site. Service No. 9 services these stops and provides a link to Littlehampton, Worthing, Lancing and Shoreham. The location of the bus stops is shown in the bus route plan provided below.

Additional bus stops are located on Grinstead Lane within 800 metres of the site. Service No. 7 operates along Grinstead Lane and provides a link to High Salvington via Worthing and Sompting and the Retail Park at Lyons Farm. Also available within Lancing is a service known locally as the Pulse which operates from Crabtree Lane approximately 800 metres from the site. This service operates within Lancing connecting the station and surrounding residential areas to Worthing

The bus timetables are provided within the Information Pack provided to you.



For more information and **bus enquires** the following websites may be of help:

- www.adur-worthing.gov.uk/how-to-get-here/#getting-here-by-bus
- www.stagecoachbus.com/about/south
- www.compass-travel.co.uk/compass-timetables/

PUBLIC TRANSPORT – RAIL

Lancing rail station is approximately 1.7km to the south west of the site. The station offers a frequent train service on the following key routes:

- West Worthing – Brighton (every 30 minutes);
- Portsmouth/Southampton – Brighton (every 30 minutes); and
- Littlehampton – Gatwick, Croydon and London (every 60 minutes).

Services passing through Lancing combine to provide approximately 4 services per hour into Brighton. Journey times into Brighton are approximately 21 minutes with access to Worthing in 5 minutes and Shoreham in 4 minutes. Access can also be provided to Gatwick in 47 minutes and East Croydon in 64 minutes where connections can be made for journeys into and out of London.

The station provides a ticket counter, automatic ticket machines, step-free access and ramps for train access. There are 24 cycle parking spaces provided at the station. Details of local taxi numbers are provided, and bus stops are located directly outside the station entrance on Sompting Road to facilitate connections for onward journeys.

Network maps and timetables are provided within the Information Pack provided to you.

For more information and **rail enquires** the following websites may be of help:

- www.nationalrail.co.uk
- www.thetrainline.com
- www.southernrailway.com/
- www.thameslinkrailway.com/



CAR SHARE

Car Share, also known as Liftshare or carpooling, is a scheme where two or more people arrange to share a car journey. Car sharing has many financial, social and environmental benefits.

Travelling with other people by car is an easy way to cut your CO_2 emissions and save money. By splitting costs with your fellow passengers, you will save on fuel and parking fees. You can use your time as a passenger to read or catch up on work, and of course you won't have to find a parking space.

Why not give car sharing a go? You can register your details online in order to find potential car sharers in your area. The websites are provided below or contact your Travel Plan Coordinator to find out more about car sharing with other residents.

Benefits of car sharing:

- Reduces travel costs as you will spend less on fuel and car insurance
- Reduces wear and tear on your own vehicle
- Helps reduce congestion. Do you know that there are an estimated 10 million empty seats on the UK roads every day during peak hours? Car sharing helps to fill those empty seats and as such reduce congestion and pollution.
- Reduces stress levels related to driving. Driving during peak hours can be nerve wracking, however as a passenger in a car you no longer have to stress about driving.

There are also internet-based car sharing schemes available. Why not try one of the following websites:

- liftshare.com/uk
- gocarshare.com/

Or why not try one of these local taxi firms;

- Taxi Link Lancing; 01273 595959
- Arrow Taxi Group; 01273 757575

FURTHER INFORMATION

Your **Travel Plan Coordinator** is available to provide you with guidance in relation to the way you travel and provide further information about sustainable transport methods available to you.

For information on **walking** visit:
- www.walkingforhealth.org.uk/
- www.adur-worthing.gov.uk/sport-and-leisure/play-a-sport/walking/
- www.westsussex.gov.uk/leisure-recreation-and-community/walking-horse-riding-and-cycling/

For information on **cycling** visit:
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- www.westsussex.gov.uk/leisure-recreation-and-community/walking-horse-riding-and-cycling/
- www.westsussex.gov.uk/leisure-recreation-and-community/walking-horse-riding-and-cycling/cycle-journey-planner/

Your local **bicycle store shop** is located in Shoreham-by-the-Sea;

- Address: 60 High St, Shoreham-by-Sea BN43 5DB
- Phone Number: 01273 567591

For **public transport** information visit:
- www.traveline.info/
- www.westsussex.gov.uk/roads-and-travel/travel-and-public-transport/

For **bus timetables** visit:
- www.adur-worthing.gov.uk/how-to-get-here/#getting-here-by-bus
- www.stagecoachbus.com/about/south
- www.compass-travel.co.uk/compass-timetables/

For **rail enquiries** visit:
- www.nationalrail.co.uk
- www.thetrainline.com
- www.southernrailway.com/
- www.thameslinkrailway.com/

For information about **car sharing** visit:
- liftshare.com/uk
- gocarshare.com/