Hi. I am David, I am 64.

I have been at the Castle for 3 months.
I am from Worthing and I've still got my mother, my mother's still alive. I was living there and I had a fall downstairs and I passed out and I ended up in the hospital. So after I was discharged I could not go back because I needed to be on the ground floor so the Council put me here, at Castle.

I like it here because it's quiet, relaxed, no pressures. I am just trying to get myself back together again.
I know the neighbours don't like us and looking at us as a dirt. I often hear 'scumbag', 'get a job'.
They don't understand.
I want to get better, I was engaging with CGL in Worthing but now I am signed off because I am stable.

I'm in my mid-sixties, so employment I don't know about yet. I've got a lot of strings to my bow, I've done a lot of work, especially around care work.
I am hoping to move in my own flat eventually from Castle.

Its very difficult these days to get a room, Lyndhurst s closed, Wolsey is closed. I have a zero chance to rent something privately. If I wasn't placed in Castle, I would be sleeping rough and would start drinking again or may be even worse.

Yours,

David Painter