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Residential Travel Pack

Development at

West Street, Sompting, West Sussex

On behalf of

Bridge Road Developments Ltd

January 2023

Document History and Status

Project Number 23564

Date	Version	Prepared By	Reviewed By	Approved By
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1 Non Technical Summary

1.1 This Travel Pack document has been prepared for all residents occupying the new dwellings on West Street, Sompting West Sussex, BN15 0AP.

1.2 This Travel Pack has been prepared to provide you with the necessary information about the surrounding area, modes of travel from the development and local amenities.

2 Background

2.1 Description and Location

2.1.1 This development is in a well-established rural residential area with a range of local amenities and close access to public transport and footpath routes.



Image 1: Residential Location

2.2 Local Amenities

2.2.1 Access to the local amenities referenced in this travel pack are considered by walking, taking the bus, or cycling from the development as sustainable travel options.

2.2.2 The access road located southwest of this development, West Street, extends west connecting onto the A27 with routes to destinations such as Clapham and Worthing. Pedestrian footways towards the west of the development are located on alternate sides of West Street.

2.2.3 The access road located southeast of the development, West Street extends east with routes to Southwick and Brighton. Footways to the east of the development are located on the south of West Street for approximately 300m and then on both sides of the road.

2.2.4 Immediately at the front of the development is the eastbound Marquis bus stop with routes towards Lancing and Brighton. Approximately 40m west is the westbound Marquis bus stop heading towards Salvington and

Worthing. Section 3.2 of this document provides details of the routes and timetables of each bus service.

2.2.5 Within the immediate area, Alishaan Indian Restaurant is approximately 1 min walk west from this development, The Garden Arms pub is approximately 2 min walk west, Christadelphians Church is approximately 5 min walk east and Sompting recreational grounds is approximately 8 min walk east or a 2 min cycle ride, all located on West Street.

2.2.6 The closest doctors surgery is Ball Tree Surgery on Western Road North approximately 980m to the southeast. This journey is a 15 min walk, 8 mins by bus on the Stagecoach 7 from the eastbound Marquis bus stop or a 5 min cycle ride.

2.2.7 The closest pharmacies are Boots Pharmacy near Lyons Way approximately 950m to the west and Cokeham Pharmacy on Cokeham Road approximately 1km to the southeast. Boots is a 16 min walk west, 10 mins on the Compass 16 from the westbound Marquis bus stop or a 5 min cycle ride. Cokeham Pharmacy is a 15 min walk, 10 mins by bus on the Stagecoach 7 from the eastbound Marquis bus stop or a 5 min cycle ride.

2.2.8 The closest dentist is Ball Tree Dental Care on Busticle Lane approximately 1km to the northeast. This journey is a 15 min walk, 10 mins by bus on the Stagecoach 7 from the eastbound Marquis bus stop or a 5 min cycle ride.

2.2.9 The closest primary schools are Sompting Village primary school on White Styles Road approximately 630m to the southeast and Bramber Primary school on Bramber Road approximately 600m to the southwest. Sompting Village primary school is a 10 min walk, 5 mins by bus on the Stagecoach 7 from the eastbound Marquis bus stop or a 3 min cycle ride. Bramber primary school is a 10 min walk, 6 mins by bus on the Compass 16 from the westbound Marquis bus stop or a 3 min cycle ride.

2.2.10 The closest supermarket is Sainsbury's supermarket on Lyons Way approximately 1km to the northwest. This journey is a 15min walk, 6 mins by bus on the Compass 16 from the westbound Marquis bus stop or a 5 min cycle ride.

2.2.11 The closest post office is North Lancing post office on Hillbarn Parade approximately 1.2km to the northeast. This journey is a 17 min walk, 10

mins by bus on the Stagecoach 7 from the eastbound Marquis bus stop or a 5 min cycle ride.

2.2.12 There is also ‘The Gym Worthing’ which is a 15 min walk, 5 mins by bus on the Compass 16 from the westbound Marquis bus stop or a 5 min cycle ride.

2.2.13 A copy of an amenities and site accessibility plan is located in Appendix 1 at the rear of this document.

3 Residential Travel Options

3.1 Pedestrians and Cyclists

3.1.1 There are pedestrian footways on both sides of Church Lane located to the east of the site and on West Street located to the south of the site.

3.1.2 There are no dedicated cycle facilities in the surrounding area, however cycle access is available on the carriageway.

3.2 Public Transport

3.2.1 The nearest bus stops to the site are those located immediately outside the development on West Street and there are two routes available from this location, the Stagecoach number 7 and the Compass Travel number 16.

3.2.2 The Stagecoach number 7 bus service which operates between Lancing and Salvington has 8 journeys in each direction throughout the day on weekdays and Saturdays.

3.2.3 Further information on the Stagecoach bus timetables is available on the website below:

https://www.stagecoachbus.com/timetables#

3.2.4 The Compass Travel number 16 bus service which operates between Lancing and West Tarring has 4 journeys in each direction on weekdays and Saturdays.

3.2.5 Further information on the Compass Travel bus timetables is available on the website below:

https://www.compass-travel.co.uk/compass-timetables/bus-timetables/

3.2.6 The nearest railway stations are Lancing and East Worthing.

3.2.7 Lancing is located approximately 2.2km southeast of the site, a 34 min walk, 12 min by bus on the Compass 16 from the eastbound Marquis bus stop or 9 min cycle ride.

3.2.8 Lancing train station has Southern and Thameslink services connecting to Littlehampton, Portsmouth and Southsea, Southampton, London Victoria and Brighton.

3.2.9 East Worthing train station is located approximately 1.4km south of the development, which is a 35 min walk, 12 min by bus on the Compass 16 from the westbound Marquis bus stop or a 10 min cycle ride. This train

station has Southern and Thameslink services also connecting to Littlehampton, Portsmouth and Southsea, Southampton, London Victoria and Brighton.

3.2.10 Southern railway services travel information regarding timetables, ticket information and journey planning can be found on the website below:

https://www.southernrailway.com/travel-information/plan-your-journey/timetables

3.2.11 Thameslink travel information regarding timetables, services disruptions and planned engineering work can be found on the website below:

https://www.thameslinkrailway.com/travel-information

3.2.12 A copy of the Worthing bus route network for Stagecoach and Compass bus services and Worthing railway networks for Thameslink and Southern route maps are located in Appendix 2 at the rear of this document.

3.2.13 If you do not have access to the internet to view the website links listed in this document, you can access the information in the alternative ways listed below:

- Stagecoach

Timetables will be posted at local bus stops. For further information about any of their bus services please contact them below:

General Enquiries - Tel: 01903 690025

Office hours - Monday – Friday: 08:00 – 18:00

Saturday – Sunday: 09:00 – 17:00

- Compass travel

Timetables will be posted at local bus stops. For further information about any of their bus services please contact them below:

General Enquiries - Tel: 01903 690025

Coach Hire and Group Travel - Tel: 01903 264077

Office hours - Monday – Friday: 09:00 – 17:00

- Southern railway

Train times or any other queries can be access at your local train station. For further information, please contact them below:

General Enquiries - Tel: 03451 272920

Office hours - Monday – Sunday: 07:00 – 20:00

- Thameslink

Train times or any other queries can be access at your local train station. For further information, please contact them below:

General Enquiries - Tel: 0345 0264700

Office hours - Monday – Sunday: 07:00 – 20:00

4 Initiatives to Encourage Sustainable Transport

4.1 Public Transport Initiatives

4.1.1 There are 2 buses travelling frequently throughout the day from this development westward and eastward.

4.1.2 We encourage people to cut down on their car journeys and use sustainable transport such as cycling, walking, using public transport and car sharing where possible.

4.2 Footpaths / Public Right of Way (PRoW)

4.2.1 West Sussex offers an interactive map showing long distance footpaths. This enables you to see all accessible and available routes. The iMap can be found on the following website below:

https://www.westsussex.gov.uk/land-waste-and-housing/public-paths-and-the-countryside/public-rights-of-way/public-rights-of-way-imap/imap/

4.3 Cycling Initiatives

4.3.1 West Sussex County Council has a cycle journey planning facility on its website. This provides turn-by-turn information for the fastest, quietest, and most balanced routes:

https://www.westsussex.gov.uk/leisure-recreation-and-community/walking-horse-riding-and-cycling/cycle-journey-planner/

4.3.2 West Sussex County Council offers an adult cycle training scheme on a one-to-one basis for people who are new to cycling, returning, or would like to gain confidence and improve skills to manage all traffic conditions.

4.3.3 The price of these courses at the time of writing this document are as follows:
Level 1 (Beginner) – 1 hour = £35.30
Level 2 (Road Riding) – 1.5 hours = £41.00
Level 3 (Advanced) – 2 hours = £46.10

4.3.4 There is also a cycle safety course for school children ‘Bikeability’ to learn or develop their skills and confidence to cycle safely on the roads and increase their basic skills, observations, hazard awareness and perception of risk.

4.3.5 Further information and booking facilities are available on the website below:

http://www.westsussex.gov.uk/roadsafety

4.4 Health, Financial and Environmental Initiatives

4.4.1 Commitment to promoting the health, financial, and environmental benefits of sustainable travel is important. Posters encouraging sustainable travel can be accessed for free from the West Sussex County Council Travelwise Officer or downloaded via the website below:

http://www.westsussex.gov.uk/leisure/getting_around_west_sussex/travelwise/supporting_material.aspx

4.5 Car share Initiatives

4.5.1 West Sussex car sharing scheme helps people share journeys to and from work, which helps to save on fuel cost, reduce CO2 emissions and have the ability to meet new work colleagues.

4.5.2 An information leaflet explaining how the scheme works is available on West Sussex County Council's website where a promotional video is also available:

http://www.westsussex.gov.uk/leisure/getting_around_west_sussex/travelwise/west_sussex_car_sharing_scheme.aspx

4.6 Travel Plan Promotion

4.6.1 West Sussex has also generated a number of posters for smarter travels in relation to the car share scheme, cycle journey planner and travel freedom to name a few.

4.6.2 Copies of the promotion posters are located in Appendix 3 at the rear of this document.

4.6.3 If you do not have access to the internet to view the website links listed in this document, you can access the information in the alternative ways listed below:

- West Sussex County Council

General Enquiries - Tel: 01243 777100
Office hours - Monday – Friday: 09:00 – 18:00

The nearest county council office details are listed below:

Bridge House, Worthing
Barrington Road, Goring-by-Sea, Worthing, BN12 4SE

Monday - 9:00am - 5:00pm
Tuesday - 9:00am - 5:00pm
Wednesday - 9:00am - 5:00pm
Thursday - 9:00am - 5:00pm
Friday - 9:00am - 5:00pm
Saturday - Closed
Sunday - Closed

5 List of Appendices and Images

Appendix 1 Amenities and Site Accessibility Plan

Appendix 2 Worthing Bus Route and Railway Route Network Maps

Appendix 3 Travel Plan Promotion Posters

Image 1 Residential Location

Appendix 1

Amenities and Site Accessibility Plan

KEY

GP SURGERIES

1. Ball Tree Surgery, Western Road North, Sompting
2. Broadwater Medical Centre, Broadwater Boulevard, Worthing
3. The Orchard Surgery, Penstone Park, Lancing
4. Ball Tree Surgery - Kingfisher Branch, Culver Road, Lancing

PHARMACIES

1. Boots, Downland Business Park, Lyons Way, Worthing
2. Cokeham Pharmacy, Cokeham Road, Sompting,
3. Kamsons Pharmacy, Broadwater Street West, Worthing
4. Broadwater Pharmacy, Broadwater Boulevard, Worthing

DENTISTS

1. Ball Tree Dental Care, Busticle Lane, Sompting
2. Lancing Dental Care, Sompting Road, Lancing
3. Worthing Dental Surgery, Broadwater Road, Worthing
4. Craigweil Dental Practice, Craigweil, Grand Avenue, Lancing

SCHOOLS

1. Sompting Village Primary School, White Styles Road,Sompting
2. Bramber Primary School, Bramber Road, Worthing
3. The Sir Robert Woodard Academy,Upper Boundstone Lane, Sompting
4. The Globe Primary Academy, Irene Avenue,Lancing
5. North Lancing Primary School, Mill Road, Lancing
6. Downsbrook Primary School, Dominion Road, Worthing
7. Broadwater Church of England Primary School, Rectory Gardens, Worthing
8. Northbrook Metropolitan College, Broadwater Road, Worthing
9. Bohunt School, Broadwater Road, Worthing
10. St Andrew's CE High School for Boys, Sackville Road, Worthing
11. Springfield Infant School and Nursery, Sackville Road, Worthing
12. Chesswood Junior School, Chesswood Road, Worthing
13. Davison CE High School for Girls, Selborne Road, Worthing

SUPERMARKETS

1. Sainsbuy's, Downland Business Park, Lyons Farm, Worthing
2. Londis, Sompting Avenue, Worthing
3. Tesco Express, Broadwater Street, Worthing
4. Tesco Express. Dominion Road, Worthing
5. Asda, South Street, Lancing

POST OFFICES

1. Dominion Road,Dominion Buildings, Dominion Road, Worthing
2. North Lancing, Hillbarn Parade, Upper Brighton Road, Sompting
3. Broadwater Green, Cricketers Parade, Broadwater Street West, Worthing
4. Lancing, North Road, Lancing

Buses			
No.	Bus Route	Operator	Frequency
7	Lancing and High Salvington	Compass Travel	8 per day
16	Lancing and West Tarring	Compass Travel	4 per day (not Sundays)

Bus Stop

Cycle Routes and Footpaths
Local footpaths

Direct Trains from East Worthing to:
Brighton (every 30minutes)
Chichester (every 30minutes)

SITE LOCATION

The Marquis - West Bound
Buses from this stop: 7 16
Walking distance from site: 40m

The Marquis East Bound
Buses from this stop: 7 16
Walking distance from site: 10m

East Worthing Railway Station

Lancing Railway Station

-100m 0 100m 200m 300m 400m

TITLE: Amenities And Site Accessibility Plan

SCALE: 1:10,000 @ A3 | PROJECT. No: 23564

REPORT TYPE: TS | ORIG. No: 03 -

Appendix 2

Worthing Bus Route and Railway Route Network Maps

Main Bus Routes in Worthing

valid from 1st September 2015



Produced by FWT 5.8.13 www.fwt.co.uk

SERVICES AND FACILITIES

This is a general guide to the basic daily services. Not all trains stop at all stations on each coloured line so please check the timetable.

	REGULAR SERVICE	LIMITED SERVICE
Gatwick Express	———	
Great Northern	———	———
Southern	———	———
Thameslink	———	———

Other train operators may provide additional services along some of our routes.

- Other train operators' routes
- Bus links
- Faygate* Limited service stations on our network
- Interchange stations
- Interchange with London Underground
- Interchange with London Overground
- Interchange with London Tramlink
- Interchange with Eurostar
- Interchange with other operators' train services
- Interchange with Airports
- Ferry service routes
- Hovercraft service routes

Oyster and Contactless area

oyster — Pay as you go with contactless (card or device) in the grey shaded area

Contactless only area

Pay as you go with contactless card or device (not Oyster) in the pink shaded area

ACCESSIBILITY

- **Category 'A' Station:** Step-Free access between the street and all platforms and level access to the train without staff assistance.
- **Category 'A' Station:** Step-Free access between the street and all platforms, and also between platforms.
- **Category 'B' Station:** Step-Free access between the street and all platforms. There may not be step-free access between platforms or entrances.
- **Category 'B' Station:** Step-Free access between the street and some platforms
- **Category 'B' Station:** Step-Free access between the street and platforms but only available for trains in the direction of the arrow.
- **Category 'C' Station:** No step-free access between the street and platforms

Notes:
There may not be step-free access to or between all station areas or facilities. Station entrances may only provide step-free access to certain areas. Access may be unsuitable for unassisted wheelchair users. Please contact us if you need more information.

We want to be able to offer you the best possible assistance, so we ask you to contact us in advance of your journey if possible.

The shorter notice we receive, the less time we have to make arrangements and there may be a delay in you receiving assistance. At stations marked ✓ ✓ ~ →, staff assistance is required to operate a ramp between trains and platform for step-free access. Please check staff availability.

Gatwick Express and Southern Assisted Travel: 0800 138 1016
Thameslink and Great Northern Assisted Travel: 0800 058 2844

STAFF AVAILABILITY

- On-train or station staff available **for all trains**
- On-train or station staff available at certain times only
- No on-train or station staff available
- A Although this station is not always staffed, our Assisted Travel Support team is there to help you to complete your journey. If you have not booked assistance and require it boarding the train at this station, then on arrival please contact this team by either:
  - pressing the "Emergency" or "Assisted travel" button on the Help Point;
  - calling us on the Freephone number 0808 168 1238 or text to 07970 511077,

  Whether you pre-book your assistance or prefer more flexibility, we recommend arriving **20 minutes before your train is scheduled to depart**.

Burnham Market
Wells-next-the-Sea
Hunstanton
Dersingham
Sandringham
Fakenham
King's Lynn
Watlington
Wisbech
Downham Market
Littleport
to Yorkshire, the North East and Scotland
Ely
to Norwich and Ipswich
Waterbeach
Peterborough
Cambridge North
St. Ives
Huntingdon
Cambridge
to Newmarket and Ipswich
to Stansted Airport and London
St. Neots
Foxton
Sandy
Shepreth
Biggleswade
Meldreth
Royston
Ashwell & Morden
Arlesey
Baldock
Letchworth Garden City
Hitchin
Stevenage
Watton-at-Stone
to the West Midlands, North West and Scotland
to the East Midlands and South Yorkshire
Milton Keynes Central
Bedford
Bletchley
Flitwick
Harlington
Leighton Buzzard
Leagrave
Dunstable
Luton
Tring
Luton Airport Parkway
Luton Airport
Knebworth
Welwyn North
Hertford North
Berkhamsted
Harpenden
Welwyn Garden City
Bayford
Hatfield
Cuffley
St. Albans City
Welham Green
Crews Hill
Hemel Hempstead
Radlett
Brookmans Park
Gordon Hill
Potters Bar
Enfield Chase
Watford Junction
Elstree & Borehamwood
Hadley Wood
Grange Park
Mill Hill Broadway
New Barnet
Winchmore Hill
Harrow & Wealdstone
Hendon
Oakleigh Park
New Southgate
Palmers Green
Cricklewood
Bowes Park
Alexandra Palace
West Hampstead Thameslink
Wembley Central
Hornsey
Harringay
Finsbury Park
Shepherd's Bush
Kentish Town
Drayton Park
Highbury & Islington
Essex Road
London St. Pancras International
London King's Cross
Old Street
Moorgate
Farringdon
to Paddington
City Thameslink
London Blackfriars
Kensington (Olympia)
Elizabeth Line coming soon
London Bridge
Deptford
Greenwich
Maze Hill
Westcombe Park
Charlton
Woolwich Arsenal
Plumstead
Abbey Wood
Slade Green
Dartford
Stone Crossing
Greenhithe for Bluewater
Swanscombe
Northfleet
Gravesend
Higham
Strood
Rochester
Chatham
Gillingham
Rainham
to Margate and Ramsgate
to Ebbsfleet International and London
West Brompton
London Victoria
Elephant & Castle
South Bermondsey
RIVER THAMES
to Highbury & Islington
Queens Road Peckham
New Cross Gate
Services for this route are being planned
Imperial Wharf
Battersea Park
Denmark Hill
Peckham Rye
Crofton Park
to London Waterloo
to Clapham Junction
Nunhead
Loughborough Junction
Brockley
Catford
East Dulwich
Herne Hill
North Dulwich
Honor Oak Park
Bellingham
West Dulwich
Clapham Junction
Tulse Hill
Forest Hill
Sydenham Hill
Wandsworth Common
Balham
Streatham Hill
Sydenham
Beckenham Hill
West Norwood
Penge East
Ravensbourne
Streatham
Gipsy Hill
Crystal Palace
Kent House
Penge West
Shortlands
Wimbledon
Haydons Road
Tooting
Anerley
Bromley South
Streatham Common
Norbury
Beckenham Junction
Bickley
Thornton Heath
Birkbeck
to Guildford
Wimbledon Chase
Mitcham Eastfields
Selhurst
Norwood Junction
South Merton
Mitcham Junction
Petts Wood
St. Mary Cray
Morden South
Hackbridge
Orpington
Swanley
Carshalton
Wallington
Waddon
West Croydon
East Croydon
Eynsford
to North Kent
St. Helier
Carshalton Beeches
South Croydon
Shoreham
Sutton Common
West Sutton
Sutton
Sanderstead
Riddlesdown
Otford
Bat & Ball
Belmont
Purley Oaks
Borough Green
Cheam
Purley
Upper Warlingham
Sevenoaks
West Malling
Banstead
Woldingham
Maidstone East
Ewell East
Epsom Downs
Woodmansterne
Coulsdon Town
Reedham
Kenley
Whyteleafe
Oxted
to Canterbury and Ramsgate
Bearsted
to Dover and Europe
to London
Chipstead
Whyteleafe South
Ashford International
Epsom
Coulsdon South
Kingswood
Merstham
Caterham
Hurst Green
Ham Street
Ashtead
Redhill
Tadworth
Edenbridge
Leigh
Appledore
Leatherhead
Reigate
Nutfield
Godstone
Tonbridge
to Kent Coast
Rye
Tattenham Corner
Earlswood
Edenbridge Town
Winchelsea
to Bournemouth
Southampton Central
to London
to Reading
London Road (Guildford)
Horsley
Bookham
Salfords
Lingfield
Hever
Doleham*
St. Denys*
Guildford
Clandon
Effingham Junction
Box Hill & Westhumble
Horley
Dormans
Cowden
Three Oaks
Southampton Airport Parkway
to Dorking
to Portsmouth
Dorking Deepdene
Gatwick Airport
East Grinstead
Ashurst
Ore
Eastleigh
Holmwood
Littlehaven
Faygate*
Ifield
Crawley
Three Bridges
Eridge
Hastings
*Bitterne
Ockley
Balcombe
Crowborough
to London
*Woolston
Warnham
Haywards Heath
Buxted
St. Leonards Warrior Square
*Sholing
Horsham
Wivelsfield
Uckfield
Bexhill
*Netley
Christ's Hospital
Burgess Hill
Collington
*Hamble
Billingshurst
Plumpton
Cooden Beach
Fareham
Southwater
Hassocks
*Bursledon
Pulborough
Cooksbridge
Normans Bay
Swanwick
Ashington
Preston Park
Pevensey Bay*
Portchester
Amberley
Moulsecoomb
Glynde
Berwick
Polegate
Pevensey & Westham
Cosham
Washington
Arundel
Hilsea
Fratton
to Channel Islands, France and Spain
to London
Bedhampton
Havant
Warblington
Emsworth
Southbourne
Nutbourne
Bosham
Fishbourne
Chichester
Barnham
Ford
Portsmouth & Southsea
Portsmouth Harbour
to Gosport and Isle of Wight
to Isle of Wight
Bognor Regis
Littlehampton
Angmering
Goring-by-Sea
Durrington-on-Sea
West Worthing
Worthing
East Worthing
Lancing
Shoreham-by-Sea
Southwick
Fishersgate
Portslade
Aldrington
Hove
Brighton
London Road (Brighton)
Falmer
Lewes
Southease
Newhaven Town
Newhaven Harbour
to France
Hampden Park
Eastbourne
Bishopstone
Seaford

oyster
Pay as you go with contactless (card or device) in the grey shaded area

This information is correct at 18th March 2021
For most up-to-date station facilities see: www.nationarail.co.uk

Produced by FWT London 16.3.2021 (GTR All Brands Diagram) www.fwt-london.co.uk

Appendix 3

Travel Plan Promotion Posters

Cars can block a lot more than just roads. Ask a child with asthma.



Parents use cars because it's safer. Or is it? In heavy traffic, the air quality inside your car can be worse than outside. In fact, car users regularly suffer three times more pollution than pedestrians. A worrying fact. So next journey you make by car take a deep breath, and think how much better off you'd be on foot.

If you're not going far, forget the car.

west sussex county council

TRAVELWISE

Adult Cycle Training Courses Now Available!







The County Council's team of cycling instructors can now offer adult cycle training courses up to Bikeability Level 3.

If you'd like to gain the confidence and skills you need to ride on the road, or you would like to improve your road riding skills to an advanced level so that you can manage all traffic conditions, then one of our courses is for you!

- Complete beginner (1 hour)
- Beginner/road riding (1.5 hours)
- Advanced (2 hours)

To book a course or to find out more contact
web: **www.westsussex.gov.uk/cycletraining**
email: **cycle.training@westsussex.gov.uk**
phone: **01243 777098**

west sussex county council

TRAVELWISE®

1 bikeability
2 bikeability
3 bikeability

WS1216 03.2013

Save an average of £700 a year

Help reduce CO_2 emissions

Meet new work colleagues



west sussex carshare

www.westsussexcarshare.com

west sussex county council

TRAVELWISE®

Find a quick, quiet, or balanced route to your destination.



WEST SUSSEX CYCLE JOURNEY PLANNER

Click on to...

CycleJourneyPlanner.westsussex.gov.uk



- Shows your expected journey time
- Shows the elevation profile of your trip
- You can export data to your GPS device
- You can use it for local journeys or to plan trips anywhere in the UK
- Simple to use and provides turn-by-turn route information in text and map form
- Calculates journey distance, calories burned, and CO_2 saved

www.westsussex.gov.uk/cycling

west sussex county council

TRAVELWISE®

west sussex cycle journey planner

WS1217 03.2013

TRAVELWISE®

Does my bum get big in this?





west sussex county council

Get in shape. Cycle.

Artwork courtesy of Devon County Council

Your heart could go a lot further without the car.



You need to make a short journey. So you take the car. You only have to sit there behind the wheel. It's easy, isn't it? But it would be just as easy to walk to your destination. Walking for just 30 minutes a day can reduce risk of heart disease and stroke by half. So next short journey, put your heart into it. Walk.

If you're not going far, forget the car.

west sussex county council

TRAVELWISE

TRAVELWISE®

I wouldn't travel any other way





west sussex county council

Keep your cool. Cycle.

Artwork courtesy of Devon County Council

Less cars on the road and you're less likely to run into one.



Vehicle flow is the biggest contributor towards road accidents. A fact that you could change quite easily by simply leaving your car at home. Fewer cars on the road would mean fewer accidents. Which could also mean fewer insurance claims. Which could mean cheaper insurance. So next journey you have to make, use public transport, walk or cycle. You could be a lot better off for it.

If you're not going far, forget the car.

west sussex county council

TRAVELWISE

For the cost of one month's petrol, you'd never have to fill up again.



Remember the thrill of getting a brand new bike for Christmas, when you were a child? Relive the moment! Save your petrol money for a month and splash out on the latest model! A new bike doesn't have to break the bank and you can rejuvenate yourself in a matter of weeks. Go on - recapture the free spirit of your childhood - your mind and body will thank you for it!

If you're not going far, forget the car.

west sussex county council

TRAVELWISE®

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TRAVELWISE®

Fitness? I'll cycle when I'm old





Photo by permission of Sustrans

Start young to add ten years to your life

west sussex county council

Stay young.
Cycle.

Artwork courtesy of Devon County Council

TRAVELWISE®

More friends.
More fresh air.
More fun,

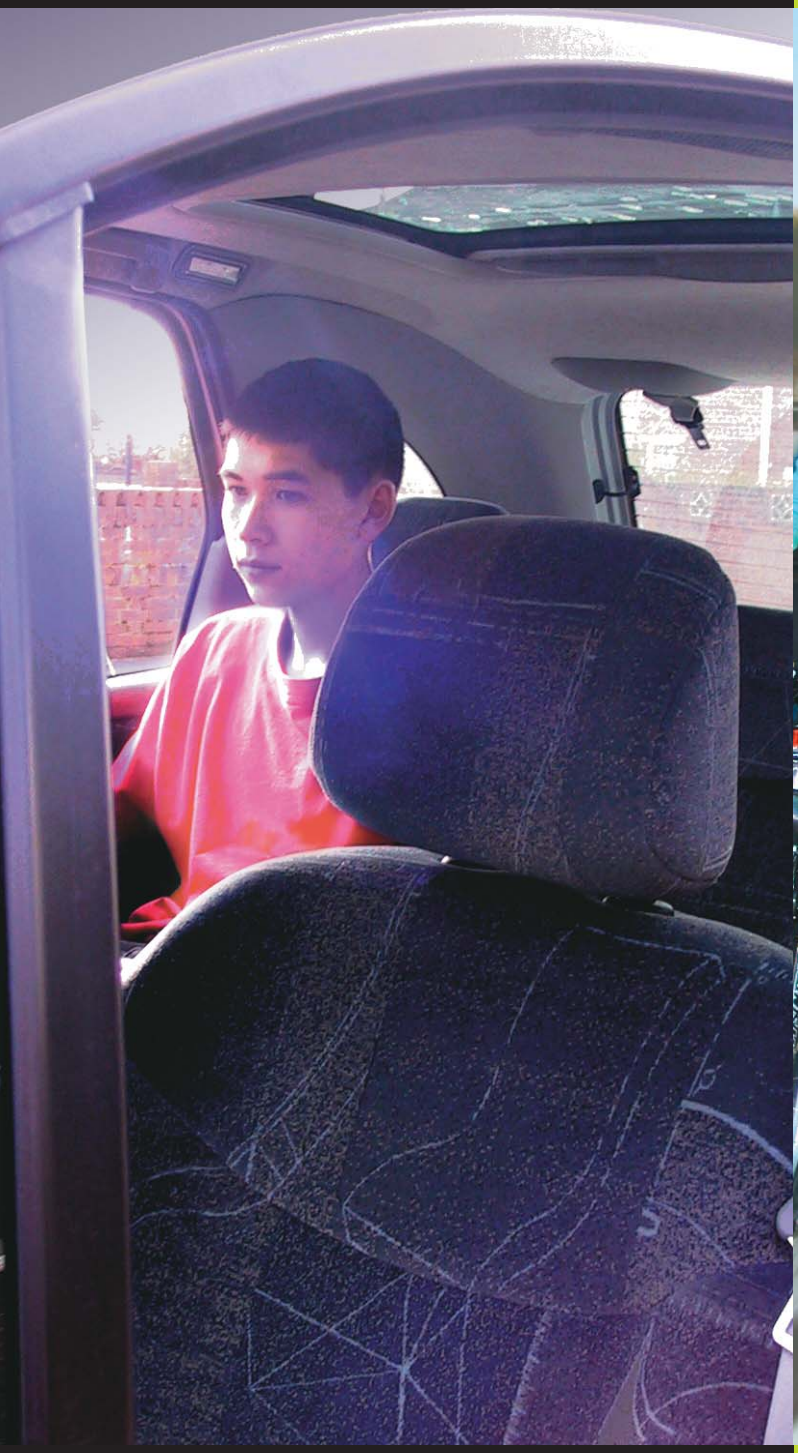



Photo by permission of Sustrans

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Feel freedom.
Cycle.

Artwork courtesy of Devon County Council

TRAVELWISE

I love the freedom, go where I want, be my own person





west sussex county council

See life. Cycle.

Artwork courtesy of Devon County Council