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13th December 2018

ADUR & WORTHING
17 DEC 2018
PLANNING SERVICES

For the attention of: Mr Peter Barnett, Case Officer

Dear Sir,

Reference: Planning Application No: AWDM/1775/18

Change of use from B1/B2/B8 to D2 Gym and minor internal changes of Unit 8 Chartwell Business Park, Lancing by South Coast Gym.

Please accept this letter as offering our full support in favour of the proposal at South Coast Gym as referenced above.

The gym provides an excellent and necessary facility on the business park that creates the opportunity for all those based on the Business Park and within the wider community to easily access a facility that helps maintain and improve personal fitness levels and wellbeing, which in turn leads to a fit, healthy employment base for local businesses.

As an employer based on the Business Park we currently offer and fund twice weekly training sessions free of charge to all our members of staff who wish to participate, this has had significant health benefits for those that have participated with some excellent results being achieved by the individuals that has only had a positive effect on their own wellbeing and esteem. Alongside the health benefits this also helps create a positive effect on employees who meet through this facility that would otherwise not necessarily interact in the normal work environment, this again helps promote a positive working environment.

Outside of the funded sessions we also have employees who through the introduction to fitness training via the funded sessions have now joined the gym as personal members and are progressing their own fitness goals.

We are currently looking to extend the number of training sessions offered to staff to allow shift workers to attend and are also reviewing the possibility of taking up some of the wellbeing assistance that South Coast are offering to encourage individuals to enjoy a healthier lifestyle and achieve their own personal goals.

In summary the facility allows local people to access fitness training before, during or after working hours without the need for long journey's, there is a clear need for this facility on the Business Park and this should be supported through the planning system.

[redacted]

Mick Adams
Managing Director

Rabbit is the trading name of
Rabbit Waste Management Ltd
Enviropower Ltd
Rabbit Demolition & Excavation Ltd
Rabbit & Dowling Plant Hire Ltd

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